



PHYSIOTHERAPY

Sports & Neurological Rehabilitation

**Designed for Case
Managers and Their Clients**

Expert Rehabilitation For Complex Clients

Solving Problems For Case Managers

**MULTI
DISCIPLINARY CARE
IN ONE SERVICE**

**FLEXIBLE DELIVERY
ACROSS ENVIRONMENTS
& LOCATIONS**

**CLEAR, MEASURABLE
PROGRESS FOR PATIENT'S &
CASE MANAGERS**

**RELIABLE
SERVICE AND
COMMUNICATION**

**CONSISTENT FUNCTIONAL
REHABILITATION BEYOND SESSIONS**



OUR SERVICES

At WD Physiotherapy, we provide comprehensive, multidisciplinary rehabilitation. We offer access to a private gym, hydrotherapy pools and community based services. Our services include:



Complex Rehabilitation Needs



Neurological Physiotherapy



Musculoskeletal Physiotherapy



Hydrotherapy



Community / Domiciliary Physiotherapy



Occupational Therapy (OT)



Elderly Rehabilitation & Falls Prevention



Massage Therapy



Gym Based Strength & Conditioning



**Online Physiotherapy & Mobile
Rehabilitation App**

Each service is tailored to the client's needs, delivered across clinic, home, community, or hydro settings, and supported with clear reporting for case managers.

AREAS WE COVER

We deliver rehabilitation across a wide regional footprint, ensuring accessibility and flexibility for our clients. Services can be provided in clinic, home, community, or hydrotherapy settings, depending on what works best for the client.

We cover many areas across the UK. Providing access to high quality rehabilitation services to our clients across the UK. Locations include but not limited to;

- 📍 Greater Manchester
- 📍 Lancashire
- 📍 Wales
- 📍 Sheffield
- 📍 Yorkshire
- 📍 Carlisle
- 📍 Stoke
- 📍 Midlands Areas
- 📍 Liverpool
- 📍 Cheshire
- 📍 Warrington
- 📍 Stockport
- 📍 Derbyshire
- 📍 Bolton



This wide coverage ensures that clients receive consistent, high-quality rehabilitation, supported with clear communication and reporting for case managers throughout their recovery journey.

MOBILE APP-ENABLED REHABILITATION

GREATER VISIBILITY. BETTER OUTCOMES. SMARTER DECISIONS.

Our mobile rehabilitation platform enhances recovery by providing real-time insight into engagement, function, and progress. Case managers, insurers, and the wider MDT receive objective, rehabilitation-specific data to support timely, evidence-based decisions.

Key Benefits for Case Managers & Insurers



Objective, goal-linked outcome data

Structured monthly reports track functional progress, adherence, and progression against rehabilitation goals.



Transparent engagement monitoring

Clear visibility of programme completion and client participation supports accountability and informed planning.



Early identification of risks

Symptom tracking and engagement trends highlight barriers to recovery, enabling prompt clinical response.



Evidence-based decision support

Measurable outcomes help guide treatment progression, modification, and discharge planning.



MDT collaboration and functional goal setting

The platform supports coordinated rehabilitation planning, including activities of daily living (ADLs), across the wider team.



Efficient, cost-conscious rehabilitation management

Data-led reviews improve oversight, support targeted intervention, and help reduce avoidable treatment delays.



The Result

A structured, transparent rehabilitation pathway that improves communication, strengthens accountability, and provides confidence in both clinical direction and outcomes.

REFERRAL **PATHWAY**

At WD Physiotherapy, we make the referral process simple, clear, and efficient for case managers and clients. Our structured pathway ensures that every client receives the right care, in the right place, at the right time:



Referral Received

from a case manager, GP, or healthcare professional



Initial Consultation

discussion of needs, goals, and assessment of suitability



Specialist Assessment

delivered in clinic, at home, or in a community setting



Personalised Rehab Plan

tailored to the client's specific needs and goals



Daily Rehab Support

via our mobile app or ongoing therapy sessions



Progress Reviews & Reporting

clear updates and measurable outcomes for case managers

Solving Problems For Case Managers

We've seen first-hand how messy rehabilitation can become for complex clients. Multiple providers involved, gaps between sessions, and not always a clear picture of whether things are actually progressing. For case managers, this often means chasing updates, trying to piece together information, and not always having full confidence in the direction of care.

OUR APPROACH

We bring everything together into one coordinated service

THIS MEANS:

- One team overseeing the rehabilitation process
- A defined plan from the start
- Consistent progression between sessions
- Clear communication throughout

WHAT THIS LOOKS LIKE IN PRACTISE

- Clients don't just rely on in-person sessions.
- They follow a structured rehabilitation plan day-to-day through our mobile app, with guided exercises, clear instructions, and ongoing support from the treating team.
- At the same time, case managers receive regular updates and outcome data, providing a clear view of progress and direction.

CONTACT US

WD Physiotherapy

Rehab • Innovation • Results



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We are ready to support your clients with personalised, outcome-focused rehabilitation, combining clinical expertise, modern technology, and performance-driven principles to achieve the best results.